

# Color Hop

I like this activity because it involves kid's large muscles in a gross motor activity and it is also educational, teaching them colours.

You just draw large coloured circles on concrete, or you can use DIY sidewalk paint. Then your kids can hop around the colours of their choice or the colours you call out. Either way, you and they can have a lot of fun with this easy kids activity.

## What you'll need

- Chalk

## Steps

1. Gather all the supplies and/or make your own DIY sidewalk chalk
2. On a safe piece of concrete, draw or paint 10 large colors in circle shape
3. Show your kids how to play by jumping on the colors and saying the color names or play as they and you like
4. Add water to the sidewalk paint circles when you are done to remove it or leave it for another day if you can

### Kids will learn about:

Sensory  
Colour Recognition  
Gross Motor Skills

### Categories:

Educational  
Outdoor

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