Quiet Time Activity For Kids:

# Diy I-spy Bottles

I can see kids sit in wonder as they spy the different buttons through the rice or sand in the bottle, keeping them busy for a decent amount of time. You can color the rice if you like or use colored kinetic sand for the filler.

## What you'll need

- Buttons
- Plastic Bottle
- Rice
- Kinetic Sand
- Glue Gun
- Tape

### Steps

- 1. Gather all the supplies
- 2. Make the bottle
- 3. Give it to your child at quiet time or when you want a few minutes of peace



#### Kids will learn about:

Sensory

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