### Sensory Activity For Kids:

# **Bubble Sensory Play**



"Let's see how big a bubble you can blow with this straw and bubble solution!" or "See how mummy blows bubbles". You say to your kids as they shriek with delight. Bubbles are fun!

I like this activity because it is so simple, requiring only a few basic supplies and you can make your own bubble solution. Older kids can blow the bubbles themselves and younger kids can play with the bubbles as you blow. Just add bubble solution to a bowl, add food coloring and blow away, letting your kids play.

1/2 cup water

1/4 cup bubble bath or dish soap

#### Kids will learn about:

Sensory Colour Recognition

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# What you'll need

- Food Coloring
- Bubble Solution
- Bowls
- Straws

## Steps

- 1. Gather all the supplies
- 2. Add the bubble solution and food coloring to a bowl
- 3. Take the straw and blow bubbles or let your older kids blow themselves