#### Quiet Time Activity For Kids:

# Ice Painting

This is such an interesting and easy activity. You freeze a block of ice and let your kids paint it.

### What you'll need

- Paint
- Paper
- Paint Brushes
- Ice
- Plastic Tray

## Steps



Kids will learn about:

Sensory

#### Categories:

Quiet Time Sensory Art Outdoor

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1. Freeze a few containers of water

- 2. Take out the ice a few minutes before planting
- 3. Add the ice to a Sensory bin
- 4. Supply the ice and some paint to your kids and invite them to paint the ice blocks.